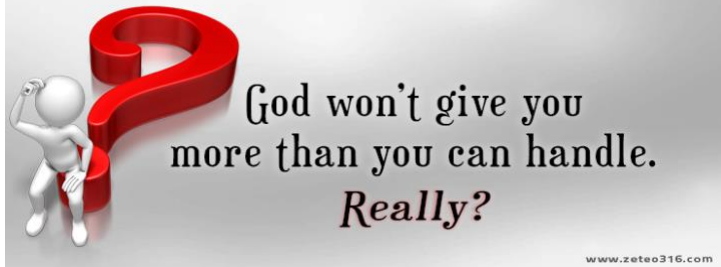




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When Life Is More Than We Can Handle



Most of us have heard the phrase, “God will never give you more than you can handle.” It is usually spoken with kindness. It is meant to comfort. It sounds spiritual. It also sounds like something you might find stitched on a pillow, printed on a coffee mug, or shared on Facebook with a sunset in the background.

But this Sunday, we will begin our new sermon series, **God Never Said That**, by taking a closer look at that familiar phrase and asking a very important question: *Is that really what God promised?*

The truth is, Scripture never promises that life will always stay within our ability to manage. In fact, the Apostle Paul once wrote that he and his companions were under pressure “far beyond our ability to endure.” Even Paul knew what it was like to feel overwhelmed, exhausted, and unable to carry the weight on his own. And if the Apostle Paul could admit that, then surely, we do not have to pretend we have it all together either.

That may sound discouraging at first, but it actually leads us to a deeper and more hopeful truth: **life may give us more than we can handle, but it will never give us more than God can handle.**

God does not ask us to pretend we are strong when we are weary. He does not ask us to hide our pain behind a smile, answer “fine” when we are anything but fine or carry our burdens alone like we are trying to win some kind of spiritual weightlifting competition.

Instead, God invites us to depend on Him.



When Paul begged God to remove his “thorn in the flesh,” God’s answer was not, “You can handle this.” God’s answer was, “My grace is sufficient for you, for my power is made perfect in weakness.”

That is good news for tired people. That is good news for grieving people. That is good news for overwhelmed people. That is good news for anyone who has ever sat in the car, taken a deep breath, and prayed, “Lord, I cannot do this anymore.”

The loving challenge for us is this: stop measuring your faith by how much you can carry alone. Faith is not

pretending to be okay. Faith is learning to say, “God, I cannot—but You can.” Sometimes the most faithful thing we can do is ask for help, receive grace, pray honestly, and lean on the people God has placed around us.

This Sunday, come ready to lay down the pressure to be “strong enough.” Come ready to hear the better promise of Scripture: God is present, God is faithful, and God’s strength is made perfect right where ours runs out.

And yes, come even if you are tired, overwhelmed, or running on caffeine and prayer. That may be exactly where God wants to meet you.

-Rev. Kerry Foote

Pastor Visit

If you or someone you know is going through a difficult time, facing illness, feeling lonely, or simply in need of prayer and encouragement, please do not hesitate to reach out. Pastor Kerry would be glad to visit, pray with you, and offer support. To arrange a pastor visit, please contact Susan Capelouto (Administrative Assistant) or Rev. Kerry Foote.



We don’t know if you have heard...but we are now going live with our Sunday morning service on Facebook. If you cannot make the service in person, you can join our Facebook family. Give us a like and follow us on Facebook to get up to date information about upcoming events and you can access live sermons on Sunday or access our archive.

<https://www.facebook.com/p/Chaires-Methodist-Church-61561720372576/>



We still need volunteers to help lead congregational worship, so anyone who would like to continue providing song leadership is encouraged to meet in the choir room on Sunday mornings at 9:30 a.m. to review that day’s hymns.



Humble House Plant Project

The Humble House Plant Project continues to take plant pots and plants in this ongoing mission. *There is information on the back table about the informational fundraiser on June 4th.*



Church Members

Ken Hatcher / Russ Clark / Gordon Wheeler / Kerry Foote / Mary Alice Linzy / Casey Friel / Russell Clark / Diane and David Matthews / Family of Nancy Hardison

Friends and Family

Shanna Trennepohl (Tiffany Foote) / Cheryl Curley (Tiffany Foote) / Marty Hollands sister and family (Marty Holland) / Verlie LaBounty (Rick and Paula Davies) / Joshua Morgan (Laura Goram) / Bobbie Prine (Amy Clark) / Sara Weitzel (Mike Hatcher) / Family of Rick Warren (Virgil Hall) / Johnny Petrandis / Ethan (Jean Ingram) / Dorathea Guyette (Kerry Foote) / Holly (Laura Gorman) / Susan Petrillo (Lynne Peters) / Paige Moore (Lynne Peters) / Chris Martinez (Michael Linzy) / Rebecca (Donna Wheeler) / Aunt Renee (Nasir) / Jaquita Murphy (Nasir) / Doris Mathiesen (Maggie Hall) / Thomas Staumbaugh Family (Amy Clark)



Prayer Chain Update



Mike Hatcher is now serving as our **Prayer Chain Coordinator**.

To share a prayer request or praise, or to be added to the prayer chain, please contact Mike directly.

Mike Hatcher

Email: mhatcher43@hotmail.com

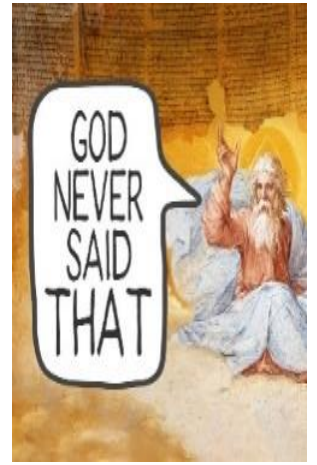
Phone: (850) 728-4960

We also want to thank **Jon Berry** for his many years of faithful service as our Prayer Chain Coordinator.



June 2026 Sermon Series

In this 4-week series, “*God Never Said That*,” we’ll uncover some of the most common cultural myths about God, compare them with the truth of Scripture, and discover the hope and freedom found in what God really does say. Each week helps our congregation trade half-truths for whole truth and build their lives on the solid foundation of God’s Word.



God Never Said That Small Group / Bible Study

We would love for every church member to be part of this encouraging, discussion-based Bible study led by Pastor Kerry, following our **God Never Said That** sermon series.

Come grow in faith, enjoy fellowship, and invite a friend, neighbor, or family member—everyone is welcome, and a simple invitation can make an eternal difference.

Starting June 11th – July 2nd

Thursdays at 9:00 a.m.

Sunday School Room
(Light breakfast provided)

Thursdays at 7:00 p.m.

Parsonage
(Snacks & refreshments provided)



Beginning in July and continuing through August, we will begin a new sermon series called **The Questions Jesus Asked**.

Jesus was a master teacher, and one of the ways He taught was by asking questions. His questions opened hearts, challenged assumptions, and invited people to see God, themselves, and others more clearly.

Throughout this eight-week series, we will look at some of the powerful questions Jesus asked and what those questions still ask of us today. These are not just questions from long ago. They are living questions that can shape our faith, our church, and our daily walk with Christ.

Join us this July and August at **Chaires Methodist Church** as we listen for the voice of Jesus in the questions He asks.

June Birthdays

LaBounty, Verlie 1
Lollie, Marion 1
Linzy, Michael 4
Bob Corson 14
Davies, Paula 16
Russell Clark 16
Stallard, Mike 20
Casy Friel 25
Wheeler, Donna 26
Fannin, Ed 29

June Anniversaries

Stallings, Mike & Amber 17
Bob & Donna Corson 21
David & Diane Matthews 29

